



Understanding Rosh Hashanah

A Cultural Holiday (non-Biblical)

Part of What the Church Needs to Know
Jewish Roots 101



Rosh Hashanah Items



Two Candles



Cup for Kiddush



Wine or Grape Juice



Apple and Honey



Round Challah (traditional)



Shofar

Rosh Hashanah is a modern day celebration of the “New Year”. It is not found in the Bible.

It is a joyful event. The shofar is blown.

It is tradition to share the sweet treat of apples and honey or bread dipped in honey.

Can I celebrate if I dont have a shofar?

Of course!

If it is a priority for you, find your local synagogue and inquire to join their celebration.

If not, Share the apples and honey and wish everyone a “Shanah Tovah”. Recite the blessings.

What if I cannot find or make round challah?

Buy cinnamon rolls or Make cinnamon sugar toast. Or just share the apples and honey. Remember this is just tradition.

Blessings on Rosh Hashanah Eve

Traditional Blessings found in the Siddur

Before Sundown:
Light two candles

Candle blessing:

Baruch atah Adonai
Blessed are you, Lord

Elo-hay-nu, mel-ech ha-olam
our G-d, King of the Universe.

Asher kid-sha-nu be-mitz-vo-tav
Who has sanctified us with His commandments

ve-tzi-vanu lhad-lik nayer
and commanded us to light the lights

shel yom tov (Amen)
of the holiday (Amen)



Kiddush Blessing:

Baruch atah Adonai

Blessed are you, Lord

Elo-hay-nu, mel-ech ha-olam

our G-d, King of the universe

bo-ray pri ha-gafen (Amen)

Who creates the fruit of the vine (Amen)

She-he-cheya-nu Blessing:

Baruch atah Adonai

Blessed are you, Lord

Elo-hay-nu, mel-ech ha-olam

our G-d, King of the universe

She-he-cheya-nu ve-kiyi-manu, ve-
higi-anu

*who has kept us alive, sustained us,
and enabled us*

laz man ha-zeh. (Amen)

to reach this season (Amen)



Apples and Honey Blessing:

Baruch atah Adonai

Blessed are you, Lord

Eloheinu, mel ekh ha olam

our G-d, King of the universe

bo ray pri ha etz (Amen)

Who creates the fruit of the tree (Amen)

Eat the apple then recite:

Yhi rat zon mill fanek ha

May it be Your will,

Adonai eloheinu vay lohei a vo teinu

Lord our God and God of our ancestors

she tcha desh a lay nu

that you renew for us

sha nah to vah um tu kah

a good and sweet year.



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